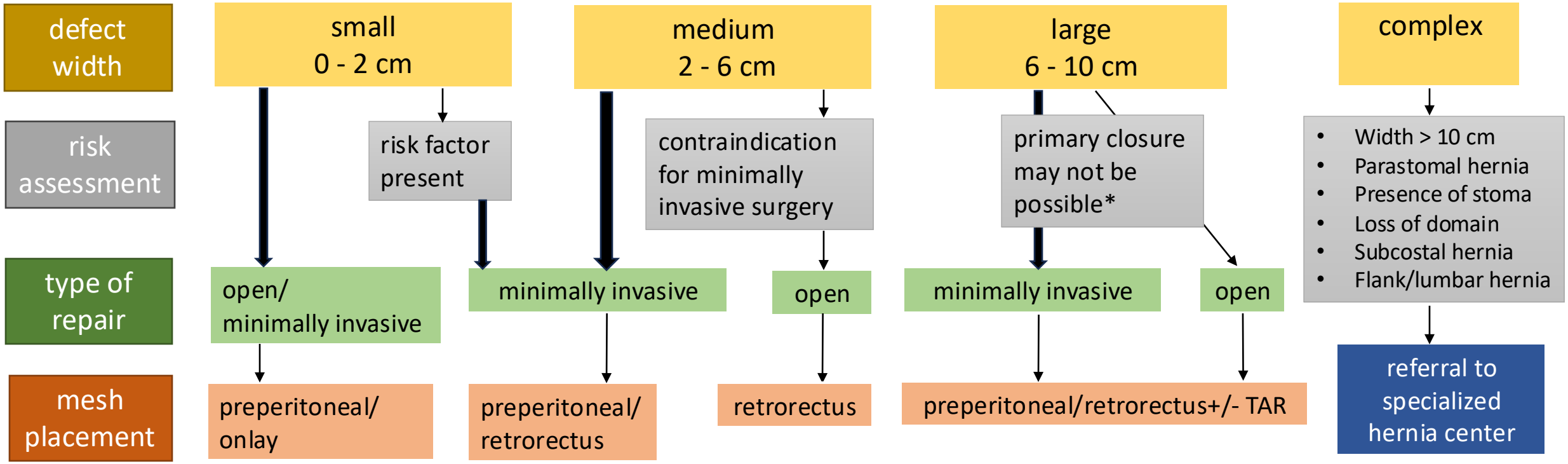
Danish Hernia Database
Ventral Hernia Algorithm 2025

Risk factors for complications and recurrence	
Active smoking	Previous mesh repair
Obesity (BMI > 30 kg/m^2)	Rectus diastasis
Uncontrolled diabetes	More than one defect
Immunosuppression	Non-midline hernia



*additional techniques may be required, such as use of preoperative botolinum toxin, transversus abdominis release (TAR), flap technique, or fascial traction.